



Atlantic Regional Osteopathic Conference 2025

AROC 2025

Program Schedule
Wednesday, April 23, 2025

TRACK ONE

Schedule as of January 17, 2025

Time	Lecture Title	Speaker	CME Credits
7:30am-8:30am	Osteopathic Yoga: Aligning Body, Mind and Medicine	Donna Mueller, DO	1.00
8:35am	Ribbon Cutting Ceremony at Exhibit Hall	N/A	0.00
8:35am-10:00am	Breakfast at Exhibit Hall	N/A	0.00
10:00am-10:30am	Message from NJAOPS President	Jonathan Torres, DO	0.50
10:30am-11:30am	Reigniting Passion in Medicine: Strategies for Physician Motivation and Burnout Prevention	Lanna Cheuck, DO	1.00
11:30am-12:30pm	Keynote: Artificial Intelligence in Surgery	Maria S. Altiri, MD, MS	1.00
12:30pm-2:00pm	Lunch in Exhibit Hall	N/A	0.00
2:00pm-3:00pm	Exercise and Fitness in the Aging Population	Gary Kershner, DO	1.00
3:00pm-4:00pm	TBD	Cindy Codispoti, DO	1.00
4:00pm-4:30pm	Coffee Break in Exhibit Hall	N/A	0.00
4:30pm-5:30pm	Sepsis Primer	Evan Lenlowsky, DO	1.00
5:30pm-6:30pm	Building a Healthier Future Starts with Primary Care	Andrew W. Albano, Jr., DO	1.00
6:30pm-7:00pm	NJAOPS' Award Ceremony	Jonathan Torres, DO	0.00
7:00pm-9:00pm	NJAOPS' Presidential Inaugural Event	N/A	0.00

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Program Schedule
Wednesday, April 23, 2025

TRACK TWO

Time	Lecture Title	Speaker	CME Credits
2:00pm-4:00pm	OMM Workshop (No Extra Charge)	Steven Rubin, DO; Jonathan Torres, DO; Daniel DeFeo, DO; Alexander King, DO; Richard Tancer, DO;	2.00

Career and Leadership Development Workshops

4:30pm-5:00pm	411 on Selling Your Private Practice	David Bollard, DO	0.50
5:00pm-5:30pm	Private Equity in Healthcare	David Bollard, DO	0.50
5:30pm-6:00pm	Contract Negotiations	Vincent Buttaci, Esq	0.50
6:00pm-6:30pm	411 on Starting a Private Practice	Vincent Buttaci, Esq.	0.50

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Wednesday, April 23, 2025

TRACK THREE

Time	Lecture Title	Speaker	CME Credits
2:00pm-4:00pm	Aesthetics Workshop	Lanna Cheuck, DO	2.00

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Program Schedule Thursday, April 24, 2025 TRACK ONE

Time	Lecture Title	Speaker	CME Credits
7:00am-8:00am	Artificial Nutrition and Hydration at the End of Life: A Case of Dementia (NJ End of Life Mandate)	Stella Rubina, DO	1.00
8:00am-9:00am	Nerve transfers and Alternatives to Opioids (NJ, NY, PA State Mandate)	Oren Michaeli, DO	1.00
9:00am-10:30am	Breakfast in Exhibit Hall	N/A	0.00
10:30am-11:30am	Cardiovascular Care for the Diabetic Patient	TBD	1.00
11:30am-12:30pm	Diabetes and Obesity: Patient Centered Management	Cheryl Rosenfeld, DO	1.00
12:30pm to 2:00pm	Lunch in the Exhibit Hall	N/A	0.00
Diabetes Management			
2:00pm-3:00pm	Prepare to Repair	Matthew Regulski, DPM	1.00
3:00pm-4:00pm	Diabetes and Kidney Disease: Optimizing Clinical Management to Prevent and Treat Diabetic Nephropathy	James Matera, DO	1.00
4:00pm	Coffee Break Back of the Lecture Room		
4:00pm-4:45pm	Optimizing Nutrition in Diabetes: A Holistic Approach to Dietary Management for Improved Patient Outcomes	Rena Zelig, DNC	0.75
4:45pm-5:30pm	Venous Leg Ulcers in Diabetic Patients	Christopher Kim, MD	0.75
5:30pm-6:30pm	Vascular Health in Diabetes: Strategies for Preventing and Managing Diabetic Vascular Complications	Julia Glaser, MD, FACS	1.00

AROC 2025

Program Schedule
Thursday, April 24, 2025

TRACK TWO

Time	Lecture Title	Speaker	CME Credits
7:00am-8:00am	The DO Way: Integrative Yoga for Health Professionals	Donna Mueller, DO	1.00
8:00am-9:00am	TBD	TBD	1.00
9:00am-10:30am	Breakfast in Exhibit Hall	N/A	0.00
10:30am-12:30pm	IUD Certification Workshop (FREE to AROC Registrants)	TBD	2.00
12:30pm to 2:00pm	Lunch in the Exhibit Hall	N/A	0.00
Career Development Section			
2:00pm-3:00pm	From Clinical Practice to C-Suite	Joseph Teel, MD	1.00
3:00pm-4:00pm	How to Navigate Your Career to Get What You Want	Jessica McElroy	1.00
4:00pm-4:30pm Coffee Break in Back of the Room			
4:30pm-5:30pm	TBD	TBD	1.00
5:30pm-6:30pm	TBD	TBD	1.00

AROC 2025

Program Schedule Friday, April 25, 2025 TRACK ONE

Time	Lecture Title	Speaker	CME Credits
6:30am-7:30am	Breakfast in Exhibit Hall	N/A	0.00
7:30am-8:30am	Advanced Hepatology	Steven Solga, MD	1.00
8:30am-9:30am	Updates in Lung Cancer Screening and Treatments	TBD	1.00
9:30am-10:30am	Pelvic Floor Dysfunction with OMM	Jessica Howard; PT, DPT; Simone Rubin, DO and Gabriela Samuels, DO	1.00
10:30am-11:30am	Updates in Diagnosing and Treating Prostate Cancer	J. Ryan Mark, MD	1.00
11:30am-12:30pm	T-Cell Re-Directing Therapy for the Treatment of Blood Cancer	Henry Fung, MD, FACP, FRCPE	1.00
12:30pm-1:30pm	Lunch on Your Own	N/A	0.00
1:30pm-2:30pm	Autism Unlocked: Exploring the Latest Advances in Understanding and Treatment	TBD	1.00
2:30pm-3:30pm	Palliative Care Vs Hospice Care- What It Is and What it Isn't (NJ End of Life Mandate)	Stella Rubina, DO	1.00
3:30pm-4:30pm	Pulsatile Tinnitus	Dorothea Altschul, MD	1.00
4:30pm-5:30pm	Sports Medicine: Latest Guidelines for Concussions	Robert Franks, DO	1.00
5:30pm-6:30pm	TBD	TBD	1.00

AROC 2025

Program Schedule
Friday, April 25, 2025

TRACK TWO

Time	Lecture Title	Speaker	CME Credits
6:30am-7:30am	Breakfast in Exhibit Hall	N/A	0.00
7:30am-8:30am	Maternal Mortality	Daniel Berger, DO	1.00
8:30am-9:30am	Unpacking Fatty Liver: A GI Perspective on Early Detection and Optimal Management	TBD	1.00
9:30am-10:30am	Cracking the Gluten Code: Advances in Diagnosing and Managing Celiac Disease	TBD	1.00
10:30am-11:30am	Gut Check: Exploring the Role of the Microbiome in Digestive and Systemic Health	TBD	1.00
11:30am-12:30pm	T-Cell Re-Redirecting Therapy for the Treatment of Blood Cancer	Henry Fung, MD, FACP, FRCPE	1.00
12:30pm-1:30pm	Lunch on Your Own	N/A	0.00
1:30pm-2:30pm	Hemorrhoid Artery Embolization	Rajesh Patel, MD, DABR	1.00
2:30pm-3:30pm	Adolescent Anxiety	Alexandra Ranieri-Deniken, PsyD	1.00
3:30pm-4:30pm	TBD	TBD	1.00
4:30pm-5:30pm	TBD	TBD	1.00
5:30pm-6:30pm	TBD	TBD	1.00

AROC 2025

Program Schedule
Saturday, April 26, 2025

TRACK ONE

Time	Lecture Title	Speaker	CME Credits
6:30am-7:30am	Breakfast in Exhibit Hall	N/A	0.00
7:30am-8:30am	Amputation Prevention	Benjamin Potter, MD	1.00
8:30am-9:00am	Melanoma and Beyond: A Comprehensive Approach to Skin Cancer Diagnosis and Treatment	TBD	0.50
9:00am-9:30am	Molecular Testing in Melanoma	TBD	0.50
9:30am-10:00am	Immunotherapy in Skin Cancer: Success Stories and Challenges	TBD	0.50
10:00am-10:30pm	Case Studies in Skin Cancer: Lessons from the Clinic #1	TBD	0.50
10:30am-11:00am	Case Studies in Skin Cancer: Lessons from the Clinic #2	TBD	0.50
11:00am-11:30am	Case Studies in Skin Cancer: Lessons from the Clinic #3	TBD	0.50
11:30am-12:00pm	The Mohs Technique and Surgical Management of Melanoma	TBD	0.50
12:30pm-12:30pm	Non-Healing Lesions on the Foot: Advanced Diagnostic and Treatment Approaches	TBD	0.50

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ON-DEMAND LECTURE

AOA Category 1-A CME Credits and
PRA Category 1 CME Credits (TM)
NJAOPS' CE21 Platform

Lecture Title	Speaker	CME Credits
End-of-Life (New Jersey State Mandate)	Paul Bryman, DO	1.00
End-of-Life and POLST (New Jersey State Mandate)	Leonard Powell, DO	1.00
Medical Errors (Florida)	Daniel DeFeo, DO	2.00
Human Trafficking	Vincent Buttaci, Esq.	1.00
HIPAA Regulations	Vincent Buttaci, Esq.	1.00
Florida Law	Daniel DeFeo, DO	1.00